



## Tetra-Grip Tubular Elastic Support Bandage

A compression bandage has been ordered by your doctor to help control your swelling. Tetra-Grip is a brand of latex free tubular elastic bandage used to control swelling. It is designed for people who need compression therapy for:

- arterial/venous insufficiency with or without ulcers
- lymphedema with or without ulcers
- generalized edema
- support of sprains, strains, or soft tissue injury.

The Tetra-Grip bandage you need is determined by the amount of compression, size and length of the body part(s) which needs the treatment.

**The amount of compression ordered by the doctor and size measured today:**

**Compression:**

\_\_\_\_ Low (5-10 mmHg) \_\_\_\_ Medium (10-20 mmHg) \_\_\_\_ High (20-30 mmHg)

Use only ONE Layer of Tetra-Grip to provide the ordered compression

Body part:	cm:	Size:	length:

### **How to apply Tetra-Grip:**

- Dry your body part(s) before you put the bandage on.
- Pull the tubular bandage on your body like a stocking or pair of socks.
- Apply/re-apply bandage in the early morning, if possible, or as directed by your clinician.

### **How to remove Tetra-Grip:**

- The bandage should be removed at night when you are laying down.
- Remove the bandage by pulling over the body part like a pair of socks. Do not leave the bandage pulled down or gathered around an area like your calf or ankle.

### **Washing Instructions:**

- Tetra-Grip can be hand washed with mild detergent and hung to dry. You may need two sets of Tetra-Grip to allow for drying.
- Tetra-Grip can be washed 6 times before losing compression. Replace Tetra-Grip if it appears to have lost compression, lost its shape, or no longer stays in place.

**Precautions:** There are certain ways to apply, wear and care for the support bandage so that you are safe.

- **Use only one layer of bandage. Do not double the bandage unless directed by clinician.**
- If you have pain, numbness, tingling or loss of feeling in your extremity, remove Tetra-Grip and notify your provider immediately
- Do not leave the bandage pulled down or gathered around an area.
- Do not use if you have uncontrolled heart failure.
- Do not use if you have uncontrolled lower limb skin or wound infection.
- Do not share your bandage with another person.
- Contact your physician or clinician if you have any other concerns with the use of this product.

**Where to purchase more:** Contact Tetra Medical Supply Corp. Call 800-621-4041. Tetra-Grip is purchased by the roll. It comes in a convenient self- dispensing box. The roll is 11 yards long.